

Leadership Training Program Information

OMSI's Hancock Field Station is giving you a unique opportunity to discover and develop your role as a leader. Have you ever wondered if you could step up and be a leader in your school and community? Are you excited to guide a group out in the wilderness? Here you will gain the real-world experience that all employers and colleges want you to demonstrate. Spend the first week living with professional instructors and counselors who will teach you everything you'll ever need to know about being an excellent, high-energy, dynamic, and hireable leader. During this week of training, you will have a chance to understand how to plan and achieve goals, and develop good group dynamics within a group. This is also a small window into the inner workings of outdoor education and camp life.

During that second week, you will get to practice what you have learned by organizing a camp-out with your fellow leadership trainees, and guide younger campers as they explore the remarkable fossils and geology of Central Oregon. You will learn and develop your personal leadership style, and gain experience in backcountry safety and first aid. In the evenings, the campfire brings folks together to experience the twilight beauty of the desert. During these times, you will have a chance to practice speaking in front of a group by teaching songs and performing skits with the youngsters at Hancock.

Other privileges and duties include: going on evening walks, stargazing, and taking a dip in the John Day River. At the end of this amazing week, you will have gained the necessary tools and skills to be an excellent leader in all walks of life.

Course Syllabus

OBJECTIVES: Outdoor training goals

- ◆ Having fun in the desert while increasing your mental and physical capacities!
- ◆ To develop leadership skills and a personal style when working with youth.
- ◆ To enable the participant to feel comfortable leading a group of children by developing the skills set necessary for managing a group of children.
- ◆ Understanding Oregon's geologic and human history in the John Day River basin.
- ◆ To increase the student's ability to observe and understand the natural world.

ACTIVITIES: Hands on learning in the field

- ◆ Learn the activities and strategies used by professionals when dealing with groups of children in the field.
- ◆ Engage campers in high-quality activities and lead those activities.
- ◆ Explore and investigate several Central Oregon geologic formations and fossil locales
- ◆ Fun recreational down time, such as swimming, reading, and napping in the shade.

SCIENTIFIC CONCEPTS: Scientific Principles to be introduced

- ◆ Establish strong and healthy group dynamics to solve problems and complete projects.
- ◆ Health and safety through outdoor activity
- ◆ Setting and accomplishing goals through planning and preparation
- ◆ Oregon's geologic history: concepts of stratigraphy, formations, and rock classification.

SAMPLE DAILY SCHEDULE*

Leadership Training

7:00 a.m.	General camp wake-up
7:30 a.m.	Breakfast
9:00 a.m.	Field activities (Lunch included)
2:00 p.m.	Rest hour
3:30 p.m.	Interest groups
5:00 p.m.	Recreation and free time
6:00 p.m.	Dinner
7:15 p.m.	Evening activity
8:30 p.m.	Campfire
9:15 p.m.	Return to cabins, prepare for bed
9:30 p.m.	Lights out

***ALL SCHEDULES ARE SUBJECT TO CHANGE**

Programs that are partly or entirely field-based will follow a unique schedule each day, depending on the activities planned. Drive times between field sites and campgrounds will include stops for short hikes and games, meals, and bathroom breaks.

TECHNOLOGY AND COMMUNICATION

Cell phones are not allowed on any OMSI Science Camp program. Cell phones are too easily lost or damaged. Campers have an excellent support system at camp including their fellow campers, the counselors, the instructional staff, and the lead staff. We will ensure that any necessary communication between parents/guardians and campers can take place through the main phone at each site. Instructional staff carry cell phones during transportation and on off-site programs for emergency purposes only. An important part of the camp experience is for each camper to gain independence, develop greater resilience, and enjoy the unique opportunities offered by OMSI Science Camps without technological distractions. We are grateful for the trust parents and guardians put in our staff to care for each camper, and we appreciate the time taken in discussing this important issue with your camper before his or her program begins.

Digital cameras are allowed, but remember that, at camp, things can easily be lost or damaged. We recommend single use cameras or film cameras. Please keep in mind cell phones with cameras will not be allowed.

For the safety of your child and OMSI Science Camps staff, we strongly discourage our staff from having contact with your child after camp since we cannot supervise it. Making new friends is one of many positive outcomes of OMSI Science Camps programs, and campers who want to stay in touch with each other may exchange phone numbers, addresses, or e-mails. Please understand that any communication between your child and another camper or a staff member after the camp session is over is the responsibility of the camper's parent or guardian to oversee.

If your child would like to contact a staff member, then email letter to: hancock@omsi.edu.

Equipment List

- SLEEPING GEAR: sleeping bag
 sleeping pad
 tent (If you don't have one, you may borrow an OMSI tent)
 pillow with pillowcase (optional)
 sheet (optional)
 pajamas
- FIELD EQUIPMENT: 2 water bottles (1 quart/liter each)
 flashlight or headlamp
 bound notebook, pencils, and pens
 large daypack with straps
 sack lunch for the first day
- CLOTHING: boots (sturdy, comfortable, well-fitting and broken in)
 boot socks
 3 pairs long pants
 1 or 2 pairs of shorts
 3 shirts, 1 long-sleeved, 2 short-sleeved
 adequate underwear
 jacket
 rain gear (jacket w/hood & pants, or poncho)
 bandannas or handkerchiefs
 broad-brimmed or billed hat for sun protection
 swimsuit
 tennis shoes or sport sandals for camp
- PERSONAL GEAR: sunglasses
 toiletries: soap and container, toothbrush/toothpaste, comb/brush
 wash cloth and towel
 sunscreen (SPF 25 or SPF 30)
 lip balm with sun screen
 personal hygiene items

ALL CLOTHES AND EQUIPMENT SHOULD BE MARKED WITH THE PARTICIPANT'S FULL NAME. OMSI IS NOT RESPONSIBLE FOR LOST ITEMS.

PLEASE DO NOT BRING SNACKS OR CANDY

(rodents enjoy searching cabins for food).

NO ELECTRICAL EQUIPMENT SHOULD BE BROUGHT (CELL PHONES, CD PLAYERS, RADIOS, BLOW DRYERS, COMPUTER GAMES, ETC.)